
Older group Oct - Dec programme

Please note: group time is 6-8pm

27th Oct - Catch up & Banter

3rd Nov - Your Thoughts In A box? (Part 1)

10th Nov - Filming & Editing (part 1)

17th Nov - Filming & Editing (part 2)

24th Nov - Filming & Editing (part 3)

1st Dec - Your Thoughts In A Box? (Part 2)

8th Dec - Relaxing Yourself

15th Dec - Keepin' Safe

22nd Dec - Christmas Party (to be confirmed)

Please phone to let us know you're coming!

YCP Office - 01382 200422

Neil Mobile - 07787 534 870
